



NCHA Limited t/a

National Cutting Horse Association

NYCHA CLINIC GUIDELINES

Clinic Preparation

1. As part of NCHA's insurance procedures, all participants must be inducted onto the property and provided with safety procedures (including **signed waivers** by parents or guardians) and instructions. Because this is a youth activity, all participants must be accompanied by a parent or a named guardian.
2. Clinic organizers, instructors and volunteers must have a WORKING WITH CHILDRENS CHECK- **WWCC** - available online – see website for links to each state)
3. A nominated safety officer will be introduced to the participants.
This includes a **Covid officer** and Covid requirements.
4. Make a participant **ledger** (see website)

Suggested Topics for The Clinic

Day 1

Assembly – Welcome

Start:

1. ALL YOUTH RIDERS MUST WEAR A HELMET WHILE RIDING A HORSE. *** No helmet... No play! ***
2. Youth riders to be assessed (age, competency in riding and horse's level) and divided into groups according to numbers of instructors.
3. 10 riders / instructors (Instructors can be Non Pro riders- as long as they do not receive remuneration)
4. NYCHA clinics are conducted as part of an Educational Program therefore, we recommend the age of participants range from 8-18yrs. Instructors may like to form groups according to participants age e.g., 8-10 yrs, 11-13yrs, 14-18yrs.
5. Rule book version 2019 states- Junior youth aged 13 and under. This means "time of birth to age 13" is considered junior youth. But senior youth have a range 14-18.
6. Rule book version 2019 states - Youth are not allowed to ride stallions at clinics or competitions

Topics:

- General discussion of horse conformation and horse care
- Basic horsemanship
- Overview of NCHA rules /Cutting terms and language
- Working a mechanical cow

Day 2

Assembly – days plan

- Revision of basic horsemanship
- Mechanical cow
- Judging & herd work
- Working a cow
- End of clinic summary – thank you to volunteers & instruct